Each trial:

- Baseline Fixation: 10 seconds
- Anticipation Cue: 3-6-9 seconds
- Pain!: 8 seconds
- Fixation: 5 seconds
- Rating Screens: 5 seconds
- Fixation: 5 seconds
- Ruminative Fixation: 30-ish seconds
- Emotional Stroop: measures attentional capture by threat-related words (task: identify the color)

About 100 sec per trial