The figure shows bar charts for two conditions: Focused Attention and Open Presence. The x-axis represents the groups, which are Novices and Experts. The y-axis represents the rating, which includes Intensity and Unpleasantness.

For Focused Attention:
- Novices: The bar for Intensity is higher than for Unpleasantness.
- Experts: The bar for Intensity is also higher than for Unpleasantness.

For Open Presence:
- Novices: The bar for Unpleasantness is lower than for Intensity.
- Experts: The bar for Unpleasantness is lower than for Intensity.

The error bars indicate the variability within each group.